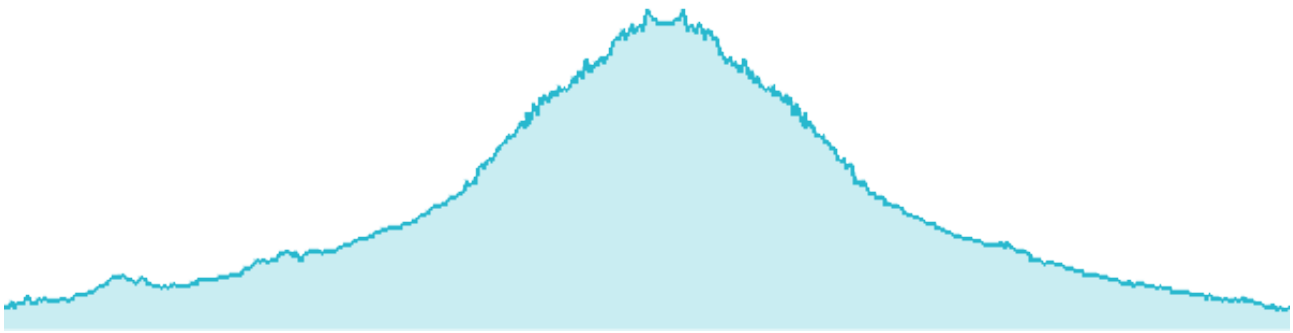
# Run "Innertal" Gerlos

**Profile of the route: easy running and Nordic walking route Road surface: gravel, forest and meadow paths**

Route: From the playground „Bärlihöhle“ to the east mostly along the „Gerlos“ creek. From the power station along the creek first over meadow paths and then on a forest path, passing a relaxation point until the turn at „Klausboden“. Back mostly a similar route, only from the power station along the creek.

| | |
|---|---|
| **Lengte** | 7.1 km |
| **Moeilijkheid** | Middle |
| **Hoogtewinst bergop** | 93 hm |
| **Hoogte bergafwaarts** | 93 hm |
| **Het hoogste punt** | 1351 m |
| **Route Start** | village center - playground "Bärlihöhe" |

## Altitude Profile






Kartenausschnitt