

Village Run Gerlos

Lengte	1.5 km
Hoogtewinst bergop	20 hm
Hoogte bergafwaarts	20 hm
Het hoogste punt	1260 m
Route Start	village center - playground "Bärlhöhe"



Description

Profile of the route: flat running and Nordic walking route Road surface: gravel and asphalt paths

Route: From the playground „Bärlhöhle“ to the west always along the „Gerlos“ creek. Cross the first bridge and then right away again along the creek eastwards to the next bridge. Switch back to the other side of the creek and back to the start. This route is suitable as a beginners course and as a tempo running track.