Kapaunsalm (1911m) - Rifflerkogel (2496m) - Mannskopf (2334) from the Gasthof Tannenalm (Trail No. 41)

Turn left at the crossroads in front of the Tannenalm (parking area for hikers) to the Märzengrund - the route to the hiking trail/forest trail junction is along a forest road. Turn right there. After crossing the brook, head left and uphill along the hiking trail and continue until the trail reaches the forest road. After crossing the road, continue along the hiking trail until it enters the forest road again. Continue along the forest road from there until you reach Koglanger. Follow the trail through forests and meadows until you reach the Kapaunsalm.Between mountain huts, the well-marked mountain trail leads over the meadows Kapaunsalm, then becomes a steep climb to Rifflerkogel. The return journey from Steinkarlsee lake does not feature any notable inclines as it passes the Mannskopf summit and brings you back to the Kapaunsalm. From there, simply follow the trail to the starting point.

stop off possibilities: Gasthof Tannenalm, Kapaunsalm

Walking time	08:00 h
Time Uphill	04:30 h
Route Length	18.6 km
Difficulty	Middle
altitude meters uphill	1445 hm
highest point	2495 m
Parking	bus or car
Route Start	Gasthof Tannenalm, Stummerberg 27, 6276 Stummerberg
Route End	Gasthof Tannenalm, Stummerberg 27, 6276 Stummerberg

Altitude Profile



Kartenausschnitt