

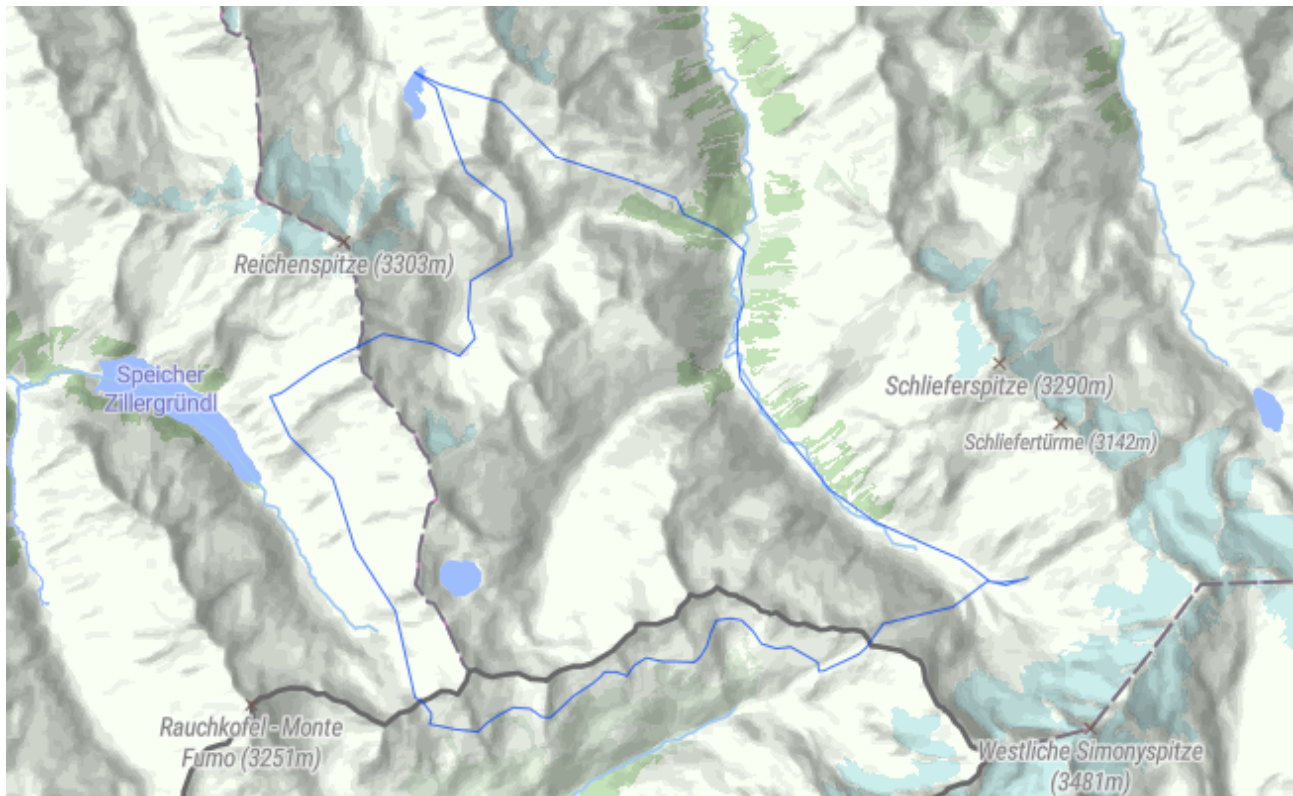
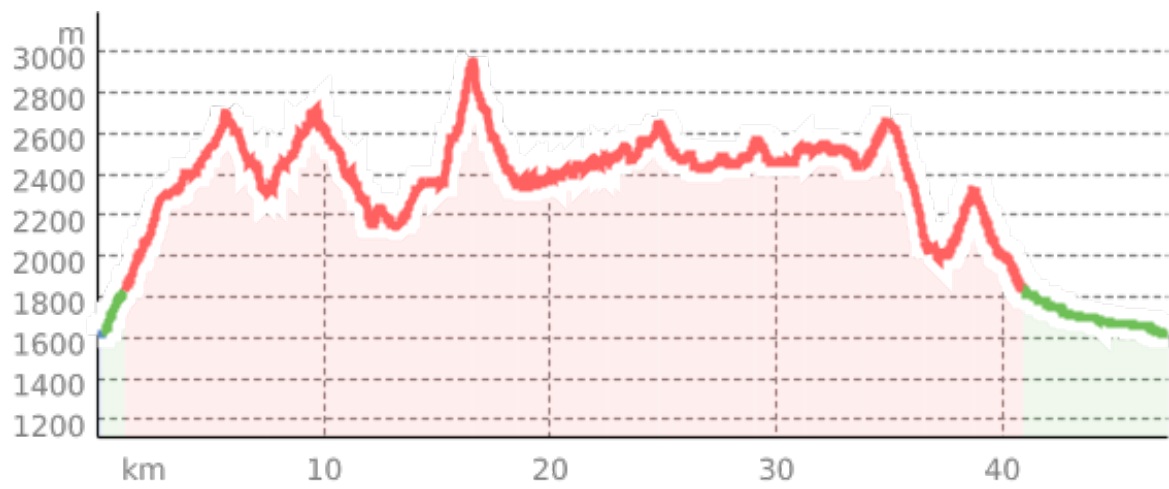
Three Countries Route on the Tauern main ridge

In six days, the high alpine circular hike leads through the regions of Salzburg, Tyrol and South Tyrol.

The route starts at the [Tauernhaus](#) in the Krimmler Achental. The trail leads over the Rainbachscharte to the [Zittauer Hut](#) in the Wildgerlos valley. A wonderful view over the upper and lower Gerlos lakes awaits you there. Via the Rosksarscharte you then reach the [Richter Hut](#). You continue hiking over the Gamsscharte to the [Plauener Hut](#). Now the path leads towards South Tyrol: Heiliges Geistjöchel/Forcella di Campo. The Lausitzer path takes you past the Krimmler Tauern via the Teufelsstiege to the Birnlücken Hut. You cross the border back to Austria at Birnlücke/Forcella del Picco. The [Warnsdorfer Hut](#) with the approximately 15 min. distant Eissees is already again in the Krimmler Achental. Afterwards you hike back from here to the Krimmler Tauernhaus - our starting point.

Walking time	23:30 h
Route Length	47.35 km
Difficulty	Hard
altitude meters uphill	3863 hm
altitude meters downhill	3863 hm
highest point	2972 m
Route Start	Krimmler Tauernhaus
Route End	Krimmler Tauernhaus

Altitude Profile



Kartenausschnitt