

Gerlos (1.250 m) - Arbiskogel (2.048 m) - Kirchspitze (2.312 m) - Stackerlalm (1.850 m) - Lackenalm (1.405 m)- Nr. 7

Walking time	07:15 h
Time Uphill	04:00 h
Time downhill	03:15 h
Route Length	17 km
Difficulty	Hard
altitude meters uphill	1616 hm
altitude meters downhill	1038 hm
highest point	2277 m
Stamina	

Skills

Public transport

With the bus 4094 to Gerlos.

Exit point: GH Oberwirt

Parking

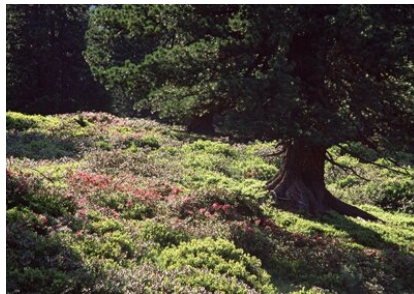
At the music pavilion or at the Isskogelbahn.

Route Start

Music pavilion Gerlos (1.250 m)

Route End

Music pavilion Gerlos (1.250 m)



Description